



Snack Ideas

Give Them More
of the
Good Stuff!

For tasty, healthy snack recipes that fit your budget, visit www.foodhero.org/recipes/snacks



Apples



Bananas



Bell Peppers



Berries



Carrots



Cereal Bars



Cheese



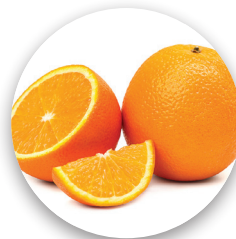
Crackers



Fruit Cups



Melon



Oranges



Pears



Tomatoes



Trail Mix



Vegetables
with Salsa



Yogurt



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