

What is bolting?

Bolting happens when the plant changes from making leaves and roots to making flowers and seeds.

To slow down bolting caused by too much sun and heat, try a few things:

- Protect plants with shade cloth or by moving containers to a shady area.
- Put a layer of mulch around plants to cool the soil.
- Trim back growing leaf stalks or flower buds as soon as you see them.

