

My Personal Pizza

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Ingredients:

Pizza Sauce (for cooking team)

- 1/4 cup **tomato sauce**
- 3 Tablespoons **tomato paste**
- 1/4 teaspoon dried **oregano**
- 1/4 teaspoon dried **basil**
- 1/8 teaspoon **garlic powder**
- 2 Tablespoons finely grated **carrot**

Pizza (individual)

- 1/2 **English muffin**
- 1+1/2 Tablespoons **pizza sauce**
- 1 Tablespoon grated **cheese**
- 4 Tablespoons chopped **vegetables, fruits, and cooked meat**

Makes: 1 pizza per cooking team member for a total of 3 pizzas

Directions:

1. Preheat oven to 400 degrees F.
2. Mix all pizza sauce ingredients together in a bowl.
3. Spread 1 + 1/2 Tablespoons pizza sauce onto each cooking team's English muffin.
4. Sprinkle the cheese on top of the pizza sauce.
5. Add a combination of chopped vegetables, fruits and cooked meat as toppings to your pizza. Place it on a baking sheet.
6. Bake 5 to 7 minutes until the muffin is lightly browned and the cheese is melted.
7. Remove from oven, turn oven off and let the pizzas cool for a few minutes before serving.

